

#### KARATINA UNIVERSITY

#### Weekly Dispatch 4, 2025

## KARATINA UNIVERSITY HOSTS 13TH ANNU-AL CAREER WEEK: BRIDGING THE GAP BE-TWEEN EDUCATION, INDUSTRY, AND CA-REER EXCELLENCE

Karatina University successfully hosted its 13th Annual Career Week under the theme "Bridging the Gap: Education, Industry and Career Excellence on 12<sup>th</sup> and 13<sup>th</sup> March 2025." This event held annually was organized by the Directorate of Career Services, University Industry Linkages and Alumni Services. The aim of this is to provide insights and mentorship and guidance in career opportunities. It brought together secondary school students, university students, staff, and industry partners to offer career guidance and mentorship. The first day saw a strong turnout, with students from ten high schools including Mathaithi Girls High School, Kanjuri Boys, Giakaibei Secondary, General China High School among others.



From left Prof. John Oluoch Director placements KUCCPS, Prof. Franklin Wabwoba DVC ARSA, Dr. Agnes Wahome the CEO KUCCPs, Dr. Dezzline Ondigo Director Career Services and University Industry Linkages, Prof. Margaret Mwenje Director Community Outreach and Mr. Felix Ruto incharge of ICT at KUCCPs

#### Monday 10th – 15th March, 2025

The event was officially launched by the Deputy Vice-Chancellor Academic, Research, and Student Affairs on behalf of the Vice Chancellor. In his remarks he emphasized on the importance of early career planning urging the students to take advantage of such forums to make informed career choices about their future. He reaffirmed Karatina University's commitment to mentorship and community outreach, encouraging students to seek guidance whenever needed.

The Chief Guest, Dr. Agnes Wahome, CEO of KUCCPS, delivered the keynote address, appreciating the university choir for their performance and highlighting the importance of nurturing both academic and extracurricular talents. She commended the university for organizing the event to mentor

and offer guidance to the young generation. In her remarks she urged students to be intentional about their career paths by considering four key factors: **their ambitions, what they love doing, the subjects they excel in, and the needs of the job market.** She further encouraged students to take full advantage of the event, interact with experts, and explore the many opportunities available. She also



The students keenly following through the address during the career week event

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emphasized the role of mentorship in shaping successful careers and encouraged students to consider Karatina University as a world-class institution where they could build their futures.

The event was supported by Britam, Mathira Water and Sanitation Company, KUCCPS, Pioneer Insurance, HELB, Ndung'u Finance Global, BioCosmos Kenya, and ICT Authority. These industry partners engaged students in discussions on career growth, financial support for education, and professional development opportunities. On the second day, Bio-Cosmos Kenya introduced students to research opportunities, grants, and conferences in intelligence design, proposing a collaboration with Karatina University to host a public lecture and establish a student club in the field.

Ndung'u Finance Global was represented by the CEO Ms. Naomi Ndung'u who is also the founder of the company and a proud alumna of Karatina Univeristy having graduated in 2021 with a degree in Acturial Science. She urged the students to take advantage of the opportunities presented to them like the career week to gain insights and seek guidance on their various fields. She encouraged students to network, explore online short courses, and continuously build their skills to remain competitive in the evolving job market.

Through insightful discussions, mentorship, and industry collaborations, the 13th Annual Career Week effectively bridged the gap between education and industry, equipping students with the knowledge and tools needed for career excellence. The event reaffirmed Karatina University's role in preparing students for future opportunities and ensuring they make informed decisions about their academic and professional journeys.

# EMPOWERING YOUNG GIRLS: WAFW AND G.E.M.S VISIT IHWAGI SECONDARY SCHOOL

On March 6, 2025, the World Academy for the Future of Women (WAFW), in collaboration with the Girls Empowerment, Mentoring, and Sanitization (G.E.M.S) project, conducted a transformative visit to Ihwagi Secondary School. The initiative aimed to educate and empower young girls by addressing critical issues related to reproductive health, personal hygiene, and self-esteem. The visiting team, comprising ten girls from the G.E.M.S project, was warmly welcomed by the school's Life Skills Teacher, who facilitated the session. The discussions focused on proper menstrual hygiene management, safe disposal of sanitary products, and daily hygiene practices. The team also engaged the girls in conversations on body image and peer pressure, encouraging self-confidence, self-acceptance, and resilience against negative influences.



The girls from the Girls Empowerment, Mentoring and Sanitization project pose for a photo with WAFW facilitators and Ms. Catherine Karingithi during the visit to Ihwagi sec-

A Q&A session allowed students to raise personal concerns, receiving practical guidance on hygiene and self-esteem. To support their well-being, each girl received a hygiene care package containing sanitary pads, deodorants, pocket tissues, toothpaste, face towels, and lotions.

The visit was a resounding success, equipping the students with essential knowledge and resources to navigate adolescence with confidence and dignity. The initiative reflects the commitment of WAFW and G.E.M.S to empowering young girls, with plans to extend similar programs to more schools.



The team poses for a group photo with the students of Ihwagi secondary School after the successful mentorship session

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## KARATINA UNIVERSITY INSPIRES STUDENTS AT ST. ANNE'S GIRLS, KIRIARI

On March 8, 2025, Karatina University Internal audit staff members visited St. Anne's Girls, Kiriari, for a Corporate Social Responsibility (CSR) outreach, focusing on academic excellence, self-awareness, and personal growth. The team was led by Senior Internal Auditor Ms. Cicely Mukami Kamwengu who is also an alumna of the school. They were warmly received by the Chief Principal Mrs. Lucy Mwangangi. The outreach featured motivational talks and academic mentorship sessions tailored to different student levels. Dr. Michael Gachahi and Ms. Anne Nkatha guided Form Four candidates on exam preparedness, emphasizing strategic study techniques, time management, and mental resilience. Meanwhile, Dr. Flora Runji and Ms. Cicely Mukami inspired Form Two and Three students to take charge of their academic journey through goal-setting, discipline, and self-belief.



The students during the interactive mentorship session

Additionally, Ms. Anne Karugu led a session on self -awareness, empowering young women to embrace their strengths and aspirations. Mr. Silas Kimathi addressed drug abuse and mental health, urging students to make informed choices for a better future. The team also provided insights into university programs and career opportunities.

The visit, which coincided with International Women's Day, reinforced Karatina University's commitment to mentoring young learners and shaping future women leaders.



The audit team and staff members pose a photo with the Principal Mrs. Lucy Mwangagi after the successful mentorshsip session.

# KARATINA UNIVERSITY KISWAHILI STU-DENTS PARTICIPATED IN A CONFERENCE

Karatina University Kiswahili students, under the CHAKIKA association, participated in the National CHAWAKAMA - Kenya Conference held at Egerton University from March 14th to 15th, 2025. The students were accompanied by their patron, Prof. Maitaria, in a valuable engagement that provided them with a platform to exchange knowledge, network, and enhance their academic and professional growth.



The CHAKIKA Association students pose for a photo with their patron Prof. Maitaria during the conference.